



UGC - Malaviya Mission Teacher Training Centre (MMTTC)
Department of Education
Mahatma Gandhi Kashi Vidyapith, Varanasi (U.P.)

Invites the University & College Teachers to join
Online Multidisciplinary Refresher Courses on
Mental Health & Stress Management in Higher Education



Prof. A.K. Tyagi
Hon'ble Vice-Chancellor
MGKVP, Varanasi



Prof. Surendra Ram
Director, UGC-MMTTC
& Head, Dept. of Education



Prof. R.K. Singh
Course Co-ordinator
Dept. of Education

Participants Registration Link:

<https://mmc.ugc.ac.in/Home/Index>

06 Oct - 18 Oct, 2025 (12 Days) Time: 10:00 AM to 05:00 PM

No Registration Fee

You may contact us for any help:

Director:

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Course Co-ordinator:

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profrksinghmgkvp@gmail.com

Project Asst: Dr. Vinay Singh

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**Application submission for
Online Refresher Course Programme
UGC-MMTTC, Department of Education
MAHATMA GANDHI KASHI VIDYAPITH, Varanasi
Declaration Form
For the Participant**

I _____ hereby declare that, the details/particulars provided by me in the online application for Online **Refresher Course** Programme from 06 Oct 2025 to 18 Oct 2025 (12 days) to UGC- MMTTC, Department of Education, Mahatma Gandhi Kashi Vidyapith are correct and authentic to the best of my knowledge and belief. I accept full responsibility for the above mentioned.

Mobile No:

Signature of Participant:

Email Id:

Date:

For the forwarding authority

I, _____ hereby certify that
Dr/Prof/Mr/Ms _____ is working as
_____ since _____ in my institution/ college/ university on regular/
contractual. I recommend the Director to admit him/her to attend the online course on **Refresher
Course** Programme organized by UGC- MMTTC, Department of Education, Mahatma Gandhi
Kashi Vidyapith, Varanasi. I have no objection if He/ She is selected for the same.

Signature of the Principal/Head/
Registrar of the University (**With Office Seal**)

Date:

Place: